

You will need a collection of essential oils to complete this course. If you don't already have some, I offer this collection as an easy way to start. It is optional not compulsory.

Starter Kit:

Essential oils, 5 ml

Bergamot (*Citrus bergamia*)
Carrotseed (*Daucus carota*)
Cedarwood (*Cedrus atlantica*)
Eucalyptus globulus
Fennel seed sweet (*Foeniculum vulgare var dulce*)
Frankincense (*Boswellia carterii*)
Geranium (*Pelargonium graveolens*)
Ginger (*Zingiber officinalis*)
Lavender (*Lavandula officinalis*)
Lemon (*Citrus limonum*)
Peppermint (*Mentha piperita*)
Thyme ct linalol (*Thymus vulgaris ct linalol*)
Vetiver (*Vetiveria zizanooides*)
Ylang ylang (*Cananga oderata*)

Essential oil, 2.5ml

Angelica root (*Angelica archangelica*)
Chamomile Roman (*Anthemis nobilis*)
Yarrow (*Achillea millefolium*)
Helichrysum (*Helichrysum Italicum*)

Hydrosols 100 ml

Neroli (*Citrus aurantium var bigarade*)
Rose (*Rosa damascena*)
Witch Hazel (*Hamamelis virginiana*)

Vegetable oils

100 mls Hempseed
100 mls Sunflower
50 mls Calendula

5X 5ml glass bottles with dropper cap

Price UK £140 including postage
(Approx USD \$230)

